



Summer 2021 Newsletter

Dear Neighbors!

We know it's hot out there and it doesn't look like there is much relief in sight. Here are a few suggestions for beating the heat:

1. Drink a lot of water, and I mean A LOT! Electrolyte replacement is important too!
2. Avoid being outside in the [sun](#) between 1:00 - 6:00 pm
3. Dress appropriately. Cool clothing that wicks or cotton that dries quickly.
4. Freeze or refrigerate your bed sheets (do this for 30 minutes before going to bed) Hey, it can't hurt!
5. Cool down your hot zones. By pressing small ice packs or ice filled water bottles to your pressure points, you will experience immediate cool! Ankles, behind the knees, elbow bends, neck, temple.
6. Add some spice! Eating spicy foods will cause you to sweat which will cool you down!
7. Eat a popsicle or smoothie
8. Create a cooling station: fill a container with cool water to put your feet in it.
9. Eat more salad - this keeps the stove and oven off !

Most of this list was borrowed from Urban Cultivator <https://www.urbancultivator.net/how-to-stay-cool-in-hot-weather/>

Save the Date!

Please join us for our third quarterly meeting **Monday, September 27** from 7-8:30pm.

Location to be determined. We are hoping for both in person and virtual options! We welcome all Collister neighborhood residents and business owners to participate. Link and location will be provided in a separate email closer to the date.



In April you were asked to vote for new board members, replacing those who had stepped down since the December vote, and if CNA should take a public position on the Interfaith Sanctuary proposed move to State Street. 390 votes were counted. Here are the results:

V. President - Hillary Takahashi

Treasurer - Doug Drinka

Members at Large - Colby Scott and Leslie Halvorson

CNA should officially support IFS move to State Street - 13%

CNA should officially oppose ISF move to State Street - 84%

CNA should remain neutral to ISF move to State Street - 3%

For more detailed information, survey results can be found

here: https://collister.org/wp-content/uploads/2021/05/CNA_Mtg_20210407_ElectionResults.pdf

Better Shelter Task Force

On [July 6th](#) Mayor McClean announced the members of the Better Shelter Task Force. The group will start meeting this week for the next 8 weeks. This task force is charged with reviewing the Interfaith Sanctuary needs analysis and ultimately identifying the right location for a new emergency shelter. Hillary Takahashi, the Collister Neighborhood Association President, will represent the neighborhood on the Task Force. The neighborhood Interfaith Sanctuary workgroup will be an important resource for her.

For more info: [Shelter Better Task Force](#) | [Event](#) | [City of Boise](#)

Featured Local Nonprofit

Rolling Tomato

We have a lot of really great businesses in our neighborhood but one that recently came to our attention was Rolling Tomato.

Their mission is to recover and distribute excess "perfectly good" food to those in need and keep it out of the landfill.

They partner with 25+ food donors in commercial kitchens at restaurants, hospitals, caterers, and local farmers market vendors who have excess nutritious food and are also partners with 25+ food recipient organizations and deliver that food quickly and safely to people in need.

Learn more about Rolling Tomato: <https://www.rollingtomato.org/>





Announcing the 4th Annual Collister Neighborhood Scarecrow Contest!

2021 details coming soon!

Check rules and enter your Scarecrow on our website at

<https://collister.org/scarecrow-contest-is-on/>

Email president@collister.org for more information

Have you seen our new boundary marker signs?

You may have noticed we have something new and shiny in our neighborhood.

Look around and see how many you can find!



Garden Tours!

We have some of the most amazing yards and gardens in Boise and we'd love to show them off! We are working diligently to bring you a Garden Tour in 2022! Our event chair is Nancy Day. More information will be coming soon!



What kind of emails do you want to receive from the Collister Neighborhood Association?

If you are not on our email list you can sign up at [Email Signup – Collister Neighborhood Association](#). You'll receive general emails with our monthly newsletter and special updates, when needed. Additionally, you can sign up to receive:

- Planning & Zoning Updates
- Transportation Updates
- City of Boise Neighborhood Updates
- Neighborhood History Updates
- Sycamore Neighborhood Overlay Updates

If you are already on the email list and would like to change or update your email preferences, please click on the button below.

Thank you for being part of our neighborhood!

[Update My Email Preferences](#)